

THE LUNAR CYCLE PRACTICE TO DETERMINE WILL

0. This practice may be utilized to determine your Will; that is, the one thing that you have determined to accomplish to the exclusion of everything else. This practice may also be used to formulate a magical motto or name, which is - after all - the expression of your Will.
1. This practice lasts for one lunar cycle, being approximately 28 days.
2. On the first day, on a clean piece of paper, write a list of those things that you want to accomplish. Place the most important item at the top.
3. Each day thereafter, at the same time, and until the end of this practice, revise the list. You may add items, or delete items, or rearrange the order of items. New pieces of paper will probably be required.
4. There is no spiritual or material limit to what you may place on your list. It is wise to be thorough.
5. Your goal is to identify the first item (number one) on your list on the last day of the practice.
6. You may expect: (a) The list will rearrange itself - perhaps several times. (b) Some, or many, items on the list may be fulfilled before the practice is completed - thus they can be deleted. (c) During the last few days of the practice, the list will tend to stabilize as it nears the goal.
7. You must do this every day. If you skip one day, it may not destroy the procedure. If you miss two days in a row, it will probably destroy the procedure.
8. The procedure is conscious in its execution, but subconscious in the nature of its results.
9. The final result (number one on the last day) may then be converted into a motto or a name, all in pursuit of the accomplishment of the Great Work!